

DPL0309

Discovery™ Series Plate Loaded Line

Seated Row



The Discovery Series Plate Loaded Seated Row features independent movement arms with diverging pulling angles and a regressive strength curve to reduce force at the bottom of the movement, allowing for full range of motion throughout the workout.

Strength equipment is a long-term investment and with the Discovery Series from Precor, you can make your strength purchase decision with confidence. With a full range of products that are approachable and intuitive, perform for exercisers of all ability levels, and will withstand the test of time, the Discovery Series is the straightforward strength solution you've been looking for.



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Independent Movement Arms

Designed to demand greater balance and core muscle engagement, the independent arm resistance, and diverging movement path provide a greater range of motion.

Chest Pad and Footplate

The large footplate and chest pad support increased stabilization for greater targeted muscle engagement.

Ratcheting Seat Adjustment

The ratcheting, gas-assisted seat adjustment features an ergonomic, over-molded rubber adjustment handle, making it easy and comfortable for exercisers to get the right fit.

Weight Storage Horns

The four weight horns are optimally positioned for easy load and unload and provide storage for over 600 lb / 272 kg of weight plates.

Instructional Placard

Easy-to-understand, large, text-free illustrations demonstrate correct form at a glance and a QR code links to a helpful 30-second instructional video.



Specifications

Dimensions (L x W x H): 58 x 50 x 49 in / 148 x 127 x 124 cm

Product Weight: 340 lb / 154 kg

Starting Weight: 10 lb / 4.5 kg

Max Lift Load Capacity: 450 lb / 204 kg

Weight Storage Horns: 4

Frame and Finish: Heavy-duty steel tubing is welded in all structural areas to withstand the most severe environments. Powder coated frame.

Warranty: Visit www.precor.com for warranty terms.

Color Options*

Frame



Black Pearl Gloss Metallic Gloss White**

* Custom frame colors are available, subject to minimum order quantities and extended lead times.

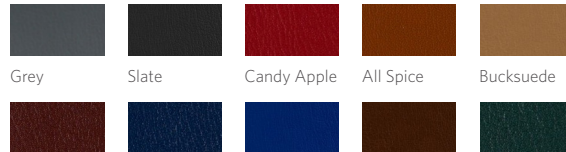
**Additional lead time applies.

Upholstery



Black

Additional Upholstery Options**



Burgundy Royal Blue Blue Jay Chocolate Hunter Green

* Additional upholstery options may have longer lead times. Please contact a sales representative.
* Colors may vary.